



A diagram illustrating the process of pouring water. On the left, a bowl contains water. A red arrow points from the bowl to a bottle on the right, which is partially filled with water and has a purple cap.



A meal served on a light pink tray. It includes a large white bowl of vegetable and mushroom soup with tofu, a white plate with shredded chicken and cabbage, a small white bowl with a fried rice ball, and a carton of Koshin Milk. A silver fork and wooden chopsticks are also on the tray.

- ①さつまいもは皮をむき、適当に切
って蒸し、マッシャーで潰す。
- ②①に生クリーム、さとう、溶かし
バター、バニラエッセンスを加え
て混ぜ、10 等分にして丸める。
- ③水溶き小麦粉に②をくぐらせ、
短く折ったそうめんをまぶして
油で揚げる。

